

HSG Order

Procreate Fertility Center

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Physician office name:	
Physician office phone number:	Please fax results to:
Patient name:	Partner name (optional:)
Patient date of birth:	Birth Sex: ☐Male ☐Female
Patient phone number:	Patient email:
Patient address:	
Test(s)/Procedure(s) Ordered and CPT Cod	de:
☐ <u>Hysterosalpingogram:</u>	
	d to schedule between their cycle days 6 -14.
	al cycle day 1: (optional)
Diagnosis Code(s): (required)	
☐ Z31.41: Fertility testing	
☐ N701: Hydrosalpinx	
☐ Other:	
☐ Other:	
Ordering provider name (print/type/stamp):	
cracing provider name (printrype/stamp).	
Ordering provider signature:	Date [.]

Patient Instructions

HSG is an x-ray examination of the uterus and fallopian tubes using a special form of low-dose x-ray called fluoroscopy and iodinated contrast material (a liquid containing iodine that is visible to x-rays).

The most common reason for an HSG evaluation is to help your provider diagnose the cause of subfertility/infertility or repeat miscarriages. This procedure specifically looks for blockages of the fallopian tubes, but can also provide information about the uterine cavity, such as the shape and potential scarring.

This exam should NOT be performed if you think you may be or are pregnant or if you have a pelvic infection
*If you have any allergy to iodinated contrast material let us know so that we can prescribe a regimen to keep you safe.

Scheduling:

Appointments are required, and are offered at all Procreate Fertility Center locations.

We will require a copy of your order, which may be faxed to us by your ordering physician, or you can email a copy of this form to contact@procreatefertility.com.

We will call you to schedule when we receive your order, or you may call us at 757-977-8500. (Same phone number for all locations.)

Your exam should be scheduled between 5-13 days after the beginning of your last menstrual period.

Preparing For Your Appointment:

Unlike other procedures, you can eat and drink as per usual on the day of the test. Taking 600mg of Ibuprofen (three over the counter advil or motrin tablets) is recommended 1-2 hours prior to the test to decrease possible discomfort.

During the procedure:

The duration of the procedure can vary but is usually around 45 minutes from check in to check out. You will be positioned on the exam table in the same way you would be positioned for a gynecologic exam with your back on the exam table, knees bent with feet flat at the end of the xray table. Your provider will insert a speculum into the vagina as if you are having a PAP test and then insert a catheter into the cervix slightly beyond where we normally collect cells for a PAP test. The speculum is then removed, and contrast material is infused through the catheter while images are taken. This portion typically lasts 30-60 seconds. Insertion of the catheter and/or infusion of contrast material may cause some discomfort and pain similar to heavy menstrual cramps or "labor pains"

After HSG - Next Steps:

This is considered an outpatient procedure. Once you are ready you may go home and resume normal activities. You may experience spotting (bleeding) and cramps for 1 day after the procedure. Tylenol/ibuprofen may be taken as indicated.

If you experience increased pain, fever, or heavy bleeding after the exam, contact your care team.

Results:

Test results will be available and faxed to your ordering provider within 24 hours of your appointment. Your ordering provider will review your results and follow up with you.